



📁 Online Form - K-6 Athletics Carnival

Activity Name:	K-6 Athletics Carnival
Date/Time:	Tuesday 25 June 2024 8:00am - 3:15pm (Yrs 2-6 bus will depart at 8.15am sharp & Yrs K-1 bus will depart at 9.30am)
Description:	<p>All students in Years K-6 attend the Athletics Carnival at Sylvania Athletics Track.</p> <p>Throughout Term 2, all students have participated in the Zing athletics skills program. This program teaches the skills needed for field events:</p> <ul style="list-style-type: none"> *Shot put, discus and long jump - all students aged 8-13 are eligible to compete. * High jump - only students who have indicated consent below specifically in high jump may compete (there will be novelty activities running during this rotation if not competing in high jump). Following the 'Guidelines for the Safe Conduct of Sport and Physical Activity in Schools', students who wish to compete in High Jump MUST HAVE EXPERIENCE AND KNOW EXACTLY WHAT THEY ARE DOING. If using the Fosbury Flop Technique you will need to indicate the qualified instructor who has coached your child or they will be unable to use this style. *Track (100m, 200m, 800m) - open to all students. *1500m - all students aged 8-13 are eligible to compete. If your child would like to compete in this event parents must read the attached information. <p>IMPORTANT INFORMATION</p> <ul style="list-style-type: none"> *K-1 students will commence at 10.00am and conclude by 1.00pm. Buses will transport K-1 students from school at 9.30am and return by 1.30pm. *2-6 students will commence at 9.00am and conclude by 2.30pm. Buses will transport 2-6 students at 8.15am and begin arriving to pick up 2-6 students from the Athletics Track from 2.30pm. Students who get the bus home from school will leave on the first bus from Sylvania Athletics Track. Whilst every effort will be made to ensure the bus returns to school on time, scenarios out of our control such as traffic, buses running late etc, may mean the bus returns to school after our usual end of day bell at 3.15pm. It is highly recommended that any 2-6 students who usually catch the bus home from school make alternate arrangements for this day in case we are running late. <p>A program with rough timings for all events will be distributed closer to the event date.</p>

	<p>Parent helpers may be required on the day to assist with the running of events. If you are available to assist, please indicate below and we will get in contact with you if required.</p> <p>Mr Alimbakis & Mrs Issa Athletics Coordinators</p>
Cost:	\$16.00
Venue:	Sylvania Athletics Track (Belgrave Esplanade, Sylvania Waters)
Transport:	Buses will transport students to and from venue. Yrs 2-6 bus will depart from school at 8.15am sharp and return by 3.15pm. Yrs K-1 bus will depart from school at 9.30am sharp and return by 1.30pm.
Dress Code:	All students are to wear their sports uniform and may wear a house colour singlet or t-shirt to compete in. Please bring warm clothing/wet weather gear if needed.
Food:	Students should bring their own recess, lunch and water bottle. A canteen is available for over the counter snacks and both cash and EFTPOS are accepted.
Due Date:	Monday 24 June 2024

* indicates a required field

I have read the above details and give consent for my child, to attend the K-6 Athletics Carnival *

☐ Yes ☐ No

Student Name:

Parent/Carer Name: *

Parent/Carer Phone Number: *

Medical conditions (including any medications required at the carnival):

My child (aged 8-13) would like to compete in the 1500m event: *

- ☐ Yes
- ☐ No my child is not eligible or does not want to compete

1500m event - I acknowledge that I have read the attached information and will organise private transport for my child to meet Mr Alimbakis and Mrs Issa at the track at 8.15am: *

- ☐ Yes
- ☐ Not applicable - my child is not competing in this event

My child (aged 8-13) would like to compete in the High Jump (STUDENTS MUST HAVE EXPERIENCE AND KNOW EXACTLY WHAT THEY ARE DOING): *

- ☐ Yes
- ☐ No my child is not eligible

High Jump - if you answered yes to the above and your child will be using the Fosbury Flop Technique please note name of Qualified Instructor/Coach:

Parent Helpers - I am available to assist on the day if required (time keepers will not be required this year due to the electronic timing system): *

- ☐ Yes
- ☐ No

Parent Helpers - if you answered yes to the above, please list name and phone number of helper:

Parent Helpers - please ensure you have completed a Volunteers Declaration form (if you have not done so previously). A Volunteers Declaration form can be obtained from the school office. It remains valid until your youngest child leaves Grays Point Public School.

Any additional comments:

Parent/Carer Signature: *

Please note: Once you have submitted this consent form, payment can be made via the 'Make Online Payment' button located on this page.

1500m Event 2024

Dear Parents/Carers,

As per previous years, NSW PSSA are including the 1500m event for Jnr (8,9/10yrs), 11yrs and Snr (12/13yrs) at the NSW PSSA Athletics Carnival. This event will also be held at the Cronulla Zone Carnival and Sydney East Carnival. ***At Cronulla Zone level, each school in the zone will submit the two top times from each age division. The top ten times across the zone ONLY will compete in the Cronulla Zone 1500m race. This is consistent with the Sydney East Championship selection process.***

Therefore, we will also run this event at our carnival on Tuesday 25th June as the first event of the day, prior to the main carnival starting.

At school level, this event will be offered as an expression of interest to any student who wishes to compete in this event. Students should note the selection process outlined above when making their decision.

The 1500m event will be run prior to the start of our Athletics Carnival. Any student who puts their name down to compete in the 1500m **will need to organise private transport to Sylvania Athletics Track and meet Mr Alimbakis and Ms Issa at the track at 8:15am, ready for an 8:25am start.**

Please note that costs associated with the carnival are spread evenly amongst all students, and any student competing will still be charged the full bus fee for the day.

Please contact us for any additional information.

Kind Regards,

Britt Issa & Tim Alimbakis

Carnival Organisers

Mrs Betts Smith

Principal