



 Online Form - Cronulla Zone PSSA Cross Country

Activity Name:	Cronulla Zone PSSA Cross Country
Date/Time:	Monday 27 May 2024 8:00am - 2:30pm (bus departing school at 8.15am sharp)
Description:	<p>Your child has been selected to represent our school at the Cronulla Zone PSSA Cross Country.</p> <p>WHAT TO WEAR: Students should wear their school sports uniform. They will be given an athletics singlet to wear at the carnival. This MUST be washed and returned to school promptly. Suitable footwear must be worn by all students. Neither bare feet nor running spikes are permitted.</p> <p>WHAT TO BRING: Students should bring suitable foods for recess and lunch and plenty of water to drink. Students should bring wet weather gear and come prepared for cold winds as the weather can alter considerably over the course of the day. Students MUST carry asthma medication on the day. Food and drink may be available to purchase on the day.</p> <p>RACE TIMES: Assemble at 9:00am and walk the course 9:15am. Carnival begins at 10.00am. Please find attached the course map.</p> <p>EVENTS/TIME: 10am 8/9 years Girls 2000m 10.30am 8/9 years Boys 2000m 11.00am 10 years Girls 2000m 11.30am 10 years Boys 2000m 12.00pm Lunch break 12.30pm 11 years Girls 3000m 1:00pm 11 years Boys 3000m 1.30pm 12/13 years Girls 3000m 2:00pm 12/13 years Boys 3000m</p> <p>NOTE: The first 6 placegetters at Zone will compete at the Sydney East Cross Country Championships on Wednesday, 12th June at Miranda Park.</p> <p>CODE OF CONDUCT: Please ensure you read the attached Code of Conduct Contract for parents (spectators) and children attached to this event. You will need to acknowledge below that you and your child have read and agree to abide by the Code of Conduct. The Code of Conduct will be fully implemented and students not upholding the expectations will not be able to represent the school.</p> <p>APPAREL: Please find attached apparel ordering information. SOME apparel will also be available to purchase on the day with cash only through the Department of Education Zone Officials.</p>
Cost:	\$21.00
Venue:	Bonna Point Reserve (310-312 Prince Charles Parade, Kurnell)
Transport:	Bus will transport students to and from carnival.
Due Date:	Sunday 26 May 2024

* indicates a required field

I have read the above details and give consent for my child, to attend the Cronulla Zone PSSA Cross Country *

☐ Yes ☐ No

Student Name:

Parent/Carer Name: *

Permission to Publish Student Information: The Department of Education may publish or disclose information about your child for the purposes of sharing his/her experiences with other students, informing the school and broader community. This information may include your child's name, age, information collected during this event such as photographs, sound & visual recordings of your child. The communications in which your child's information may be published or disclosed include but are not limited to:

- The event program and results.
- Public websites of the Department of Education.
- Department of Education intranet (staff only), blogs and wikis.
- Department of Education publications including the school newsletter, annual school magazine and school report, promotional material published in print and electronically including on the Department's websites.
- Official Department and school social media accounts on networks such as YouTube, Facebook and Twitter.
- Local and metropolitan newspapers and magazines and other media outlets.
- Parents should be aware that when information is published on public websites and social media channels it can be linked to by third parties and may be discoverable online for a number of years, if not permanently. Search engines may also cache or retain copies of published information.

☐ I give permission for the Department to publish and disclose information about my child in publicly accessible communications and acknowledge this permission remains effective until I advise otherwise.

☐ I DO NOT give permission for the Department to publish and disclose information about my child in publicly accessible communications.

This event/activity is required to be held in accordance with any current NSW Health COVID-19 Public Health Orders and the NSW Department of Education's policies and procedures. There is a risk that your child may be exposed to COVID-19 whilst attending and participating at this event. Children should not attend if displaying any symptoms of illness, and/or if directed to isolate under public health orders.

For further information on the risk of exposure, refer to NSW Health's Information for people exposed to COVID-19 <https://www.nsw.gov.au/covid-19/management/people-exposed-to-covid> (<https://www.nsw.gov.au/covid-19/management/people-exposed-to-covid>)

☐ I acknowledge and accept that there is a risk that my child may be exposed to COVID-19 whilst attending and participating at this event. I confirm that my child will not attend if displaying any symptoms of illness and/or if directed to isolate under public health orders.

The Australian Medical Association recommends students being symptom-free of concussion for 14 days before returning to sport.

- If your child/ward sustains a concussion, or experiences any concussion symptoms, in the 14 day period prior to the event commencing, you must report this to team officials, and a medical clearance is required in order for your child/ward to participate in the event.
- A medical clearance must be provided to team officials via the school.

In the event of injury, no personal injury insurance cover is provided by the NSW Department of Education for students in relation to school sporting activities, physical education lessons or any other school activity. The Department's public liability cover is fault-based and limited to breaches by the department of its duty of care to students that may result in claims for compensation.

Parents/Carers are advised to assess the level and extent of their child/ward's involvement in the sport program offered by the school, school sport zone, region and state school sport associations when deciding whether additional insurance cover is required prior to their child/ward's involvement in the program. Personal accident insurance cover is available through normal retail outlets.

Parents/Carers who have private ambulance cover need to check whether that cover extends to interstate travel and make additional arrangements, as considered appropriate.

The NSW Supplementary Sporting Injury Benefits Scheme, funded by the NSW Government, provides limited cover for serious injury resulting in the permanent loss of a prescribed faculty or the loss of use of certain prescribed parts of the body. The Supplementary Scheme does not cover medical costs or dental costs. Further information can be obtained from

<https://www.icare.nsw.gov.au/injured-or-ill-people/sporting-injuries/payments/#gref> (<https://aus01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.icare.nsw.gov.au%2Finjured-or-ill-people%2Fsporting-injuries%2Fpayments%2F%23gref&data=05%7C02%7Cbelinead.bishop5%40det.nsw.edu.au%7C67e870b7bedf48a5165608dc6d570677%7C05a0e69a418a47c19c259387;>

Further information regarding student accident insurance and private health cover is provided at: <https://app.education.nsw.gov.au/sport/file/1449>
(<https://aus01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fapp.education.nsw.gov.au%2Fsport%2Ffile%2F1449&data=05%7C02%7Cbilinda.bishop5%40det.nsw.edu.au%7C67e870b7bedf48a5165608dc6d57>)

☐ Yes

We have read (parent and student) and both agree to abide by the following: *

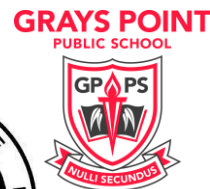
- ☐ Parents'/Spectators' Code of Conduct when attending PSSA sporting events. I understand that if I break the Code I may not be able to be a spectator of this competition as a consequence of my actions
- ☐ Players Code of Conduct when attending PSSA sporting events. I understand that if I break the Code I may not be able to participate in the competition as a consequence of my actions

Parent/Carer Signature: *

Please note: Once you have submitted this consent form, payment can be made via the 'Make Online Payment' button located on this page.



P.S.S.A Code of Conduct
Values: Teamwork, Fair Play
Excellence, Enjoyment, Respect



Players' Code

Rationale:

Representing the school in PSSA Competitions provides an opportunity for talented athletes to extend their skills and compete against similarly skilled students from other schools. Representing the school is an honour and students have a responsibility to compete at all times in a manner that brings credit to themselves and their school. The following Code of Conduct has been devised to guide the achievement of this outcome.

- Play for the fun of it.
- Work equally hard for yourself and your team.
- Be a good sport and encourage your fellow team members.
- Cooperate at all times with your coach, teammates and opponents.
- Compete by the rules and always abide by referees/umpires or touch judge decisions.
- Control your temper and behaviour whilst on and off the playing field and make no criticism either by work or gesture.
- Whilst on the sidelines do not touch any sporting equipment. Sit and support your participating school mates.
- Be modest in success and generous in defeat (ie. don't show off when successful or be a bad sport when defeated).

Parents'/Spectators' Code of Conduct Contract

Parents'/Spectators' Code:

- Remember that children play sports for their enjoyment, not yours.
- Encourage children to participate, do not force them.
- Focus on the child's efforts and performance rather than winning or losing.
- Encourage children to always participate according to the rules and the officials' decisions.
- Never ridicule or yell at a child for making a mistake or losing a game. Positive comments are motivational.
- Applaud good performance and efforts from each team and congratulate all participants upon their performance regardless of the game's outcome.
- Show respect for your child's opponents for without them there would be no game.
- Show appreciation of volunteer coaches, officials and administrators for without them, your child could not participate.
- Do not publicly question the officials' judgement and never their honesty.
- If you disagree with an official, raise the issue through the appropriate channels in writing rather than questioning the official's judgement and honesty in public.

CONSEQUENCES RE BREAKING CODES OF CONDUCT

Students:

Should a student break the code of conduct that they have signed they must be prepared to accept both the responsibility for and the consequences resulting from their actions at sport. These include:

- Possibly missing scheduled events;
- Being sent off and replaced for the remainder of a game
- Possible suspension from future Zone sporting events;
- Accepting consequences in line with the Cronulla Zone PSSA code of conduct and the Department of Education's code of conduct.

Parents/Spectators:

Should parents/spectators break the signed code of conduct they need to be prepared to accept both the responsibility for and the consequences resulting from their actions at a Cronulla Zone PSSA sporting event. These include:

- Being asked to leave the premises or ground/park by a Zone teacher/Convener;
- Meeting with their school principal to discuss future attendance at Cronulla Zone PSSA sporting events;
- Police being called and parents/spectators being charged with section 60E where Zone teachers feel that student or teacher safety is threatened or intimidated by either verbal or physical abuse.



CRONULLA ZONE PSSA

Teamwork Fair Play Excellence Enjoyment Respect



Place your Cronulla Zone PSSA apparel orders online with Spriggy Schools

We are again using the online apparel ordering system called Spriggy Schools for the Cronulla Zone Cross Country Carnival on Monday 13th May. There will be limited apparel for CASH only sales at the carnival.

Orders open on Spriggy Schools - Monday 22nd April and close Friday 10th May, 2024 at 12pm.

Students will receive their apparel orders at the carnival. School Team Managers will distribute orders.

Steps to get started:

1. Go to www.spriggyschools.com.au to register and download the app.
2. Add a profile for your children, making sure you select SCHOOLNAME and your child's class.
3. Select Events- Zone Cross Country.
4. Start placing orders! You can place orders up to 2 weeks in advance.

If you have any questions regarding the platform, please contact Spriggy Schools via their website. Spriggy Schools uses a third-party payment provider called Brain Tree (PayPal). If you have questions regarding apparel, please ask your Team manager.

Download the app now!



Item	Cost
Black Hoodie	\$55
Skate socks white or black	\$15
Ankle socks white or black	\$10
Cap	\$15



HOODIES



Close Front Fleece Hoodie
Fabric: Fleece, 320gsm - 35% Cotton, 65% Polyester.
Description: Contrast colour inside hood lining.
Close front with kangaroo pocket. A top design for work & outdoor activities.
For Safety reasons there are no draw cords on kids' hoodie.

FL09K - KIDS FLEECE CONTRAST CLOSED-FRONT HOODIE					
EASY FIT	6k	8k	10k	12k	14k
LADIES REF				8	10
HALF CHEST	42	45	47.5	50	52.5
BODY LENGTH	52	56	62	64	66

FL09 - UNISEX FLEECE CONTRAST CLOSED-FRONT HOODIE								
EASY FIT	XS	S	M	L	XL	2XL	3XL	5XL
LADIES REF	12	14	16	18				
HALF CHEST	55.5	58	60.5	63	65.5	68	70.5	75.5
BODY LENGTH	66	68	70	72	74	76	78	80



EMBROIDERED CAPS



SKATE SOCK





CRONULLA ZONE CROSS COUNTRY CHAMPIONSHIPS

Miranda Park – Cnr The Boulevard & Wandella Road, Miranda

